

## Author Index to Volume 5

- Anderson, Joseph T., 29  
Anliker, James, 148  
Armstrong, Marvin D., 543  
Arroyave, Guillermo, 629  
Aschkenasy, A., 14  
Atkins, J., 621  
  
Baker, Burton L., 445  
Baker, Herman, 26  
Balsam, Alan, 629  
Becker, Bernard, 568  
Béhar, Moises, 506  
Bennum, Roberta, 62  
Berresford, Kathleen, 186  
Bo, Walter J., 666  
Bond, L. F., 305  
Bookman, John J., 26  
Bosma, James F., 543  
Bourquin, Anne, 62  
Brožek, Josef, 103, 109, 279, 332  
Bruch, Hilde, 192  
Buzina, Ratko, 279  
  
Chernish, Stanley M., 651  
Chow, Bacon F., 327, 431, 568  
Clayton, Mary M., 56  
Collazos, C., 621  
Cowgill, George R., 601  
Crafts, Roger C., 453  
  
Dock, William, 674  
Dole, Vincent P., 72, 591  
 Dolger, Henry, 26  
Donahue, Hayden H., 180  
Dove, W. Franklin, 165  
  
Edwards, Margaret A., 51  
Eisenstein, Albert B., 369  
Engel, Frank L., 417  
  
Feng, Y. S. L., 381  
Fenton, Paul F., 663  
Foster, Walter D., 56  
Fouts, Paul J., 651  
Fowler, Phoeba A., 180  
Fry, Peggy Crooke, 42, 260, 634  
  
Gantt, W. Horsley, 121  
Gonzales-Mugaburu, L., 621  
Goodhart, Robert S., 612  
Gordon, Albert S., 461  
Greer, Monte A., 440  
Grusin, H., 644  
György, Paul, 491  
  
Hegsted, D. M., 621  
Hellegers, Andre, 327  
Helmer, Oscar M., 651  
Hillman, Robert W., 597  
Hoelzel, Frederick, 659  
Hoffman, Richard H., 1  
Holt, L. Emmett, Jr., 491, 500  
Hundley, James M., 316  
Hunt, Andrew D., Jr., 561  
Isselbacher, Kurt J., 527  
  
Joelson, Robert H., 26  
Johnson, Doris, 569  
Johnston, Betty Jane, 346  
  
Kahn, E., 70  
Kaufman, Margie L., 51  
Kaufman, Mildred, 676  
Keith, Jack H., 35  
Keys, Ancel, 29, 245  
Kimura, Noboru, 245  
Kohlstaedt, Kenneth G., 651  
Kusukawa, Akira, 245  
  
Lahey, M. Eugene, 516  
Lang, Calvin, 568  
Lee, Dorothy, 166  
LeVeen, Harry H., 251  
Lightwood, Reginald, 533  
Low, Neils L., 543  
  
MacDonald, William B., 533  
MacLeod, Robert B., 107  
Morales, S., 621  
Mason, Raigh, 176  
Maxwell, M., 305  
Mayer, Jean, 148, 184  
Meier, Paul, 568  
Meineke, Howard A., 453  
Meites, Joseph, 381  
Mellander, Olof, 493  
Merrow, Susan B., 56  
Mikič, Fedor, 279  
Montagu, M. F. Ashley, 237  
Moore, Harriet Bruce, 77  
Moore, Norman S., 186  
  
Nesbitt, Robert E. L., Jr., 327  
Newhall, Chester, 56  
Okuda, Kunio, 327  
Olmedo, R., 295  
Peden, J. C., Jr., 305  
  
Pfaffman, Carl, 142  
Pilgrim, Francis J., 171  
Plotz, Milton, 618  
Pratt, Edward L., 555  
Quiroz, A., 621  
  
Rice, Carl O., 11  
Richter, Curt P., 141  
Rosenfeld, Louis, 286  
Russell, Jane A., 404  
  
Sampson, A. Gordon, 316  
Samuel, E., 644  
Sanchez, M., 295  
Sandstead, H. R., 316  
Schaus, Raymond, 39  
Scrimshaw, Nevin S., 506, 629  
Siegel, Paul S., 162  
Smith, David W., 327  
Spector, Harry, 129  
Stadie, William C., 393  
Stapleton, Thomas, 533  
Stein, H., 70  
Stone, Howard H., 431  
Storwick, Clara A., 51  
Strickler, J. H., 11  
Stunkard, Albert, 203  
Suczek, Robert F., 197  
Szent-Györgyi, Nándor, 274  
  
Thomason, M. J., 295  
Tobar, R., 295  
Toll, William G., 26  
Torrance, E. Paul, 176  
Tyler, Frank H., 377  
  
Vahlquist, Bo, 493  
Vargas, C., 295  
Viteri, Fernando, 506  
  
Waife, S. O., 344, 566  
Walker, Alexander R. P., 73  
Weiss, Bernard, 125  
Whedon, G. Donald, 316  
White, P. L., 621  
Wilwerth, A. M., 381  
  
Yoshitomi, Masakazu, 245  
Young, Charlotte M., 186  
Young, D. R., 129  
Young, Paul Thomas, 154  
Zoutendyk, A., 70

## Author Index to Volume 5

- Anderson, Joseph T., 29  
Anliker, James, 148  
Armstrong, Marvin D., 543  
Arroyave, Guillermo, 629  
Aschkenasy, A., 14  
Atkins, J., 621  
  
Baker, Burton L., 445  
Baker, Herman, 26  
Balsam, Alan, 629  
Becker, Bernard, 568  
Béhar, Moises, 506  
Bennum, Roberta, 62  
Berresford, Kathleen, 186  
Bo, Walter J., 666  
Bond, L. F., 305  
Bookman, John J., 26  
Bosma, James F., 543  
Bourquin, Anne, 62  
Brožek, Josef, 103, 109, 279, 332  
Bruch, Hilde, 192  
Buzina, Ratko, 279  
  
Chernish, Stanley M., 651  
Chow, Bacon F., 327, 431, 568  
Clayton, Mary M., 56  
Collazos, C., 621  
Cowgill, George R., 601  
Crafts, Roger C., 453  
  
Dock, William, 674  
Dole, Vincent P., 72, 591  
 Dolger, Henry, 26  
Donahue, Hayden H., 180  
Dove, W. Franklin, 165  
  
Edwards, Margaret A., 51  
Eisenstein, Albert B., 369  
Engel, Frank L., 417  
  
Feng, Y. S. L., 381  
Fenton, Paul F., 663  
Foster, Walter D., 56  
Fouts, Paul J., 651  
Fowler, Phoeba A., 180  
Fry, Peggy Crooke, 42, 260, 634  
  
Gantt, W. Horsley, 121  
Gonzales-Mugaburu, L., 621  
Goodhart, Robert S., 612  
Gordon, Albert S., 461  
Greer, Monte A., 440  
Grusin, H., 644  
György, Paul, 491  
  
Hegsted, D. M., 621  
Hellegers, Andre, 327  
Helmer, Oscar M., 651  
Hillman, Robert W., 597  
Hoelzel, Frederick, 659  
Hoffman, Richard H., 1  
Holt, L. Emmett, Jr., 491, 500  
Hundley, James M., 316  
Hunt, Andrew D., Jr., 561  
Isselbacher, Kurt J., 527  
  
Joelson, Robert H., 26  
Johnson, Doris, 569  
Johnston, Betty Jane, 346  
  
Kahn, E., 70  
Kaufman, Margie L., 51  
Kaufman, Mildred, 676  
Keith, Jack H., 35  
Keys, Ancel, 29, 245  
Kimura, Noboru, 245  
Kohlstaedt, Kenneth G., 651  
Kusukawa, Akira, 245  
  
Lahey, M. Eugene, 516  
Lang, Calvin, 568  
Lee, Dorothy, 166  
LeVeen, Harry H., 251  
Lightwood, Reginald, 533  
Low, Neils L., 543  
  
MacDonald, William B., 533  
MacLeod, Robert B., 107  
Morales, S., 621  
Mason, Raigh, 176  
Maxwell, M., 305  
Mayer, Jean, 148, 184  
Meier, Paul, 568  
Meineke, Howard A., 453  
Meites, Joseph, 381  
Mellander, Olof, 493  
Merrow, Susan B., 56  
Mikič, Fedor, 279  
Montagu, M. F. Ashley, 237  
Moore, Harriet Bruce, 77  
Moore, Norman S., 186  
  
Nesbitt, Robert E. L., Jr., 327  
Newhall, Chester, 56  
Okuda, Kunio, 327  
Olmedo, R., 295  
Peden, J. C., Jr., 305  
  
Pfaffman, Carl, 142  
Pilgrim, Francis J., 171  
Plotz, Milton, 618  
Pratt, Edward L., 555  
Quiroz, A., 621  
  
Rice, Carl O., 11  
Richter, Curt P., 141  
Rosenfeld, Louis, 286  
Russell, Jane A., 404  
  
Sampson, A. Gordon, 316  
Samuel, E., 644  
Sanchez, M., 295  
Sandstead, H. R., 316  
Schaus, Raymond, 39  
Scrimshaw, Nevin S., 506, 629  
Siegel, Paul S., 162  
Smith, David W., 327  
Spector, Harry, 129  
Stadie, William C., 393  
Stapleton, Thomas, 533  
Stein, H., 70  
Stone, Howard H., 431  
Storwick, Clara A., 51  
Strickler, J. H., 11  
Stunkard, Albert, 203  
Suczek, Robert F., 197  
Szent-Györgyi, Nándor, 274  
  
Thomason, M. J., 295  
Tobar, R., 295  
Toll, William G., 26  
Torrance, E. Paul, 176  
Tyler, Frank H., 377  
  
Vahlquist, Bo, 493  
Vargas, C., 295  
Viteri, Fernando, 506  
  
Waife, S. O., 344, 566  
Walker, Alexander R. P., 73  
Weiss, Bernard, 125  
Whedon, G. Donald, 316  
White, P. L., 621  
Wilwerth, A. M., 381  
  
Yoshitomi, Masakazu, 245  
Young, Charlotte M., 186  
Young, D. R., 129  
Young, Paul Thomas, 154  
  
Zoutendyk, A., 70

# Subject Index to Volume 5

(A) *Abstract*

- Abstracts, grouped by subject:
  - Amino Acid Requirements in Man, 91
  - Ascorbic Acid, 480
  - Atherosclerosis: Nutritional Aspects of, 362
  - Calcium Metabolism, 94
  - Cholesterol Biogenesis and Metabolism, 85
  - Cholesterol Levels and Metabolism, 478
  - Cortisone and Nutrition, 365
  - Diabetes Mellitus: Nutritional Aspects of, 353
  - Diabetes Mellitus and the Sulfonylureas, 482
  - Diet and Diabetes, 235
  - Fats and Coagulability of Blood, 687
  - Fat Emulsions for Parenteral and Oral Use, 222
  - Fluorine and Dental Health, 97
  - Folic Acid Metabolism, 487
  - Food Technology, 692
  - Gastrointestinal Physiology and Nutrition, 359
  - Hepatic Disease: Nutritional Aspects, 232
  - Insulin, 230
  - Iron Metabolism and Anemia, 225
  - Items of General Interest, 100, 366, 489, 698
  - Megaloblastic Anemia, 690
  - Metabolism of Amino Acids, 356
  - Neoplasia and Nutrition, 477
  - Nutrition and Dental Health, 585
  - Nutrition in Infancy and Childhood, 582
  - Nutritional Value of Lysine Supplementation, 688
  - Pantothenic Acid Deficiency, 580
  - Phenylketonuria, 587
  - Potassium Metabolism, 589, 687
  - Protein Metabolism, 694 687
  - Pyridoxine Deficiency, 583
  - Radiation, Effects Upon Foods, 229
  - Riboflavin, 228
  - Vitamin B<sub>12</sub> and Anemia, 219
  - Vitamin B<sub>12</sub>, Hepatic and Neural Effects, 485
  - Vitamin C: Nutritional Aspects, 88
- Adolescents
  - obesity in, 3ff, 8ff
- Adrenal cortex
  - ACTH, response to, 369
  - hormones and dietary factors, 369ff
  - ketone metabolism and, 423
- Adrenal cortical function
  - liver disease and, 377
  - pantothenic acid and, 376
  - scurvy and, 369
  - sodium and, 372
- Adrenocortical hormones
  - dietary factors, effect of, 369
- Alkaline phosphatase
  - in idiopathic hypercalcemia, 535

(E) *Editorial*

(L) *Letter to the Editor*

- Alcoholism, nutrition and, 612ff
- Alloxan
  - blood glucose and, 383
  - effect of body weight and food intake, 382
  - urinary glucose and, 383
- Amino acid(s) (see individual acids)
  - appetite, effect on, 322
  - endocrine glands and, 21
  - essential and nitrogen balance, 321
  - hunger contractions and, 206
  - imbalance, dangers of, 316
  - intravenous use of, 11
  - metabolism of, 356 (A)
  - protein deficiency anemia and, 19
  - requirements, 91 (A)
  - supplements in rice-fruit diets, 316, 319
  - urinary excretion and, 322
- Anemia
  - adrenalectomy and, 454
  - Cooley's
    - plasma erythropoietic factor in, 466, 471
    - endocrines and, 461
    - hookworm infestation and, 621ff
    - hypophysectomy and, 453
    - in infants and children, 516
    - iron-deficiency in, 516
    - iron metabolism and, 225 (A)
    - megaloblastic, 690 (A)
    - pernicious
      - intrinsic factor preparation for, 651ff
      - vitamin B<sub>12</sub> deficiency and, 12, 651
    - post-hypophysectomy, 453
    - amino acids in, 19
    - cobalt injections and, 454
    - mechanisms of, 16
    - protein deficiency and, 14
    - vitamin deficiencies in, 19
  - thyroidectomy and, 454
- Anorexia nervosa, 103
- Ascorbic acid, 480 (A)
  - adrenocortical hormones and, 369
  - aging tissues and, 39
  - nutritional aspects of, 88 (A)
  - osteoporosis, deficiency in, 644ff
- Atherosclerosis
  - age and, 290, 629
  - caloric intake and, 291
  - cholesterol and, 286
  - chylomicrons in, 288
  - diet and, 10ff, 290, 362 (A), 674 (E)
  - heparin, role of, in, 289
  - lipotropin factors and, 290

- macromolecular lipoproteins in, 286  
 physicochemical alterations in, 279, 287  
 sex and, 290, 629  
 socio-economic factors, 279, 629ff
- Atheromatosis  
 physical and chemical aspects of, 286
- Avitaminosis (see also under individual vitamins)  
 A and estrogen, 666ff
- Blood glucose  
 behavioral conditioning and, 152  
 hunger contractions and, 207
- Blood proteins in osteoporosis (see also serum protein), 644
- Blood volume changes  
 cachexia and, 311ff  
 hemoglobin and, 305ff  
 total circulating plasma and, 305ff
- Body measurements  
 estimating surface area, 601ff  
 height and caloric intake, 248  
 relation to basal metabolism, 602
- Book Reviews:
- American Foundation: *Medical Research: A Midcentury Survey*, 83
  - Ann. New York Acad. Sc.: *Calcium and Phosphorous Metabolism*, 215
  - Bertram, F.: *ABC für Zuckerkranke*, 351
  - Block, Richard J.: *Amino Acid Handbook. Methods and Results of Protein Analysis*, 215
  - Bruch, Hilde: *The Importance of Overweight*, 577
  - Brožek, Josef (Ed.): *Body Measurements and Human Nutrition*, 576
  - Byrd, Oliver E. (Ed.): *Health Yearbook, 1956*, 685
  - Ciba Foundation Colloquia on Endocrinology: *Internal Secretions of the Pancreas*, 217
  - Chen, Philip S.: *Soybeans for Health, Longevity, and Economy*, 684
  - Craver, B. N. (Ed.): *Experimental Methods for the Evaluation of Drugs in Various Disease States*, 352
  - Crosse, V. Mary: *The Premature Baby*, 683
  - Davidson, Henry A.: *Guide to Medical Writing*, 476
  - Dobzhansky, T.: *The Biological Basis of Human Freedom*, 352
  - Federer, W. T.: *Experimental Design*, 475
  - Folley, S. J.: *The Physiology and Biochemistry of Lactation*, 685
  - Food and Nutrition Board: *The Use of Chemical Additives in Food Processing*, 217
  - Gordon, Gilbert S. (Ed.): *The Yearbook of Endocrinology*, 576
  - Halden, Wilhelm, and Prokop, Ludwig: *Cholesterin-Ernährung-Gesundheit*, 683
  - Harris, R. S., Marrian, G. F., and Thimánn, K. V. (Eds.): *Vitamins and Hormones. Advances in Research and Applications Vol. XIV*, 216
  - Hewitt, Richard M.: *The Physician-Writer's Book, 476*
  - Himwich, H. E. (Ed.): *Alcoholism. Basic Aspects and Treatment*, 684
  - Hottinger, A., and Hauser, F.: *Modern Problems in Pediatrics II*, 575
  - Johnson, M., and Garrison, L. A.: *Communication: Handling Ideas Effectively*, 476
  - Levinson, L. L.: *The Complete Book of Low Calorie Cooking*, 216
  - McCance, R. A., and Widdowson, E. M.: *Breads, White and Brown, Their Place in Thought and Social History*, 215
  - Meister, Alton: *Biochemistry of the Amino Acids*, 683
  - Meyer, L. F., and Nassau, E.: *Physiology and Pathology of Infant Nutrition*, 83
  - Netter, F. H.: *Liver, Biliary Tract and Pancreas. The Ciba Collection of Medical Illustrations. Part III, Vol. 3, Digestive System*, 475
  - Peyton, Alice B.: *Practical Nutrition*, 686
  - Rytand, D. A. (Ed.): *Annual Review of Medicine, Volume 8*, 576
  - Sherman, Henry C., and Lanford, C. S.: *Essentials of Nutrition*, 476
  - Sigerist, H. E.: *Landmarks in the History of Hygiene*, 84
  - Thompson, George N. (Ed.): *Alcoholism*, 684
  - Wallis, T. E.: *Analytical Microscopy. Its Aims and Methods in Relation to Foods, Water, Spices and Drugs*, 575
  - Welt, Louis G. (Ed.): *Essays in Metabolism. The John Punnett Peters Number of the Yale Journal of Biology and Medicine*, 475
  - Williams, Roger J.: *Biochemical Individuality*, 351
  - Wolstenholme, G. E. W., and O'Connor, C. M. (Eds.): *Ciba Foundation Symposium on Bone Structure and Metabolism*, 217
  - Wolstenholme, G. E. W., and Millar, E. C. P. (Eds.): *Ciba Foundation Symposium: Paper Electrophoresis*, 216
  - Wolstenholme, G. E. W., and Millar, E. C. P. (Eds.): *Regulation and Mode of Action of Thyroid Hormones. Ciba Foundation, Colloquia on Endocrinology, Vol. 10.*, 577
  - World Health Organization: *Infant Metabolism*, 215
- Cachexia, protein repletion in, 305ff  
 cancer, 307ff  
 non-cancer, 309ff
- Calcium  
 gluconate in osteoporosis, 648  
 idiopathic hypercalcemia and, 533  
 infant growth and, 557  
 osteoporosis and, 648  
 phosphorus in infant growth and, 557
- Caloric intake  
 amino acid mixtures and, 322  
 atherosclerosis and, 291  
 body measurements and, 248  
 regulation and hunger contractions, 210  
 relationship of proteins, fats, and carbohydrates, 297, 591ff
- Carbohydrate (see also glucose, alloxan etc.)  
 metabolism and growth, 404  
 nitrogen balance and, 408

- Carotene (see vitamin A)  
 Children (see Infants and)  
 Cholesterol (see also dietary surveys)  
     atheromatosis and, 286  
     biogenesis and metabolism, 85 (A)  
     dietary fat and, 29, 245ff, 279ff, 630  
     dietary protein and, 29, 630  
     in idiopathic hypercalcemia, 535  
     metabolism and, 478 (A)  
     in school children, 629ff  
     methods of determination, 281  
     socio-economic factors and, 245ff, 629ff  
     starvation and, 291  
     variation in population groups, 29ff, 291  
 Cirrhosis (see liver)  
 Citrates in idiopathic hypercalcemia, 535  
 Convulsions  
     pyridoxine deficiency and, 561  
 Copper  
     deficiency  
         animals, 521  
         human, 522  
     dietary sources for, 520  
     iron and, in infant nutrition, 516ff  
     stores of, 520  
 Corticotropin (ACTH)  
     adrenocortical hormones and, 369  
     hydrocortisone removal rate and, 378  
     plasma levels of 17-hydroxycorticosteroids and, 378  
 Cortisone (see also adrenal cortex)  
     blood and urinary glucose and, 383  
     effect of body weight and food intake, 382  
     effect on urinary excretion of radioactive vitamin B<sub>12</sub>, 387  
     nutrition and, 365 (A)  
     thiamine and, 387  
     urinary nitrogen and, 383  
     vitamin B<sub>12</sub> and, 432, 437  
 Creatinuria, tocopherol excess and, 597ff  
 Delirium tremens, diet therapy in, 613  
 Dexedrine Sulfate® in obesity, 3, 6  
 Diabetes  
     adrenal cortex and, 436  
     diet in, 235 (A), 569ff  
     insulin in, 393ff, 420  
     nutritional aspects of, 353 (A)  
     the sulfonylureas and, 482 (A)  
     tryptophan excretion and, 437  
     vitamin B<sub>12</sub> and, 431, 434  
 Diabetic retinopathy  
     correlation with vitamin B<sub>12</sub> excretion, 26ff, 586 (L)  
     testosterone and, 435  
     vitamin B<sub>12</sub> and, 434  
 Diet (see also Nutrition)  
     abortions and, 62  
     amino acid supplements, 305, 317  
     atherosclerosis and, 290  
     behavior and, 337  
     brassica-seed and hypothyroidism, 440  
     chemical aspects of, 493  
     cirrhosis and, 614  
     cost of adequate, 569ff  
     cultural aspects of, 166, 237ff  
     in delirium tremens, 613  
     diabetes and, 235 (A), 569ff  
     economic factors and, 346ff  
     fat content and cholesterol levels, 245  
     galactose-free, 528  
     goiter and, 440, 443  
     infants and children, 555  
     intelligence and offspring and, 333  
     Jewish therapeutic, 676ff  
     kwashiorkor and, 510  
     low-calcium in hypercalcemia, 540  
     low cholesterol values and, 248  
     low-fiber, 569ff  
     low-sodium, 569ff, 618ff  
     monotony in, 162, 168, 174  
     nutritional aspects of, 494  
     in osteoporosis, 644ff  
     phenylpyruvic oligophrenia and, 333  
     pregnancy and, 62  
     reducing  
         obese children and adolescents, 3, 8ff  
         protein in, 591ff  
     religious and symbolic influences, 78, 169  
     rice, 305  
     rice-fruit, 317  
     rutabaga, goitrogenic potency of, 441  
     selection of, 159, 227  
     vegetable, 323  
     work capacity and, 107, 135, 136, 334  
         tests for, 130  
 Dietary deficiencies  
     alcoholism and, 612ff  
 Dietary fat  
     animal, 279  
     cholesterol content and, 248  
     olive oil, 279  
     serum lipid levels and, 566 (E)  
     vegetable, 245  
 Dietary surveys  
     body measurements, 280  
     cholesterol levels, 281  
     consumption calculations, 260  
     Cook Islands, 42ff, 260ff, 634ff  
     Ecuador, 295ff  
     Guatemala, 629ff  
     Israel, 674  
     Japanese coal miners, 245ff  
     low-fat, low-protein, 32  
     obesity and hypertension in young adults, 274ff  
     schizophrenic patients, 29, 249  
     technics for determining body measurements, 280  
     Yugoslavia, 279ff  
 Diet Therapy:  
     Adapting Therapeutic Diets to Jewish Food Customs, 676  
     The Cost of an Adequate Diet, 346

- The Meaning of Food, 77  
Planning a Restricted Sodium Diet and Bland Low-Fiber Diet for the Diabetic Patient, 569  
Editorials, 344, 566, 674  
Electrolyte(s) (see also specific subjects)  
    anemia and, 461  
    digestive function and, 445  
    imbalance in kwashiorkor, 508  
Endocrines  
    amino acids and, 21  
    erythropoiesis and, 461, 470  
    metabolism and, 417ff  
    nutrition and, 369ff  
    protein deficiencies and, 20  
    vitamins and, 381  
Enzymes  
    in galactosemia, 529  
    hypophysectomy and, 447  
Erythropoiesis, influence on humoral factors, 461  
Erythropoietic factor (circulating)  
    activity, 471  
    anemia and, 14ff  
    chemical nature of, 469, 471  
    plasma from Cooley's anemia, 466, 471  
    production of, 463, 471  
Estrogen, induced squamous metaplasia, 666ff  
Extracellular fluid vs. specific gravity, 602
- Fats (see also dietary fat)  
    cholesterol levels and, 245, 282  
    coagulability of blood and, 687, (A)  
    emulsions for parenteral and oral use, 222 (A)  
    hunger contractions and, 206  
    in the liver and adrenal medulla, 421  
    margarine, 246, 247  
    metabolism and heparin, 289  
    specific gravity and calculation of body content, 601ff
- Fatty acids  
    glucose monooleuritate and, 251  
    metabolism  
        diabetic liver and, 395  
        endocrine glands and, 417ff  
    unsaturated and serum lipid levels, 566 (E)
- Feeding  
    artificial, 206, 493  
    behavior  
        and hypothalamus, 203  
        liver glycogen and, 150  
    habits and bodily needs, 141, 156  
    mental patients, 189  
    operant conditioning technic for measuring, 336
- Ferrous sulfate, toxicity and utilization of, 35ff
- Flavor  
    analysis, 173  
    in low-sodium diets, 618ff
- Fluorine and dental health, 97 (A)
- Food (see also diet and nutrition)  
    acceptance  
        appraisal and, 165ff, 171ff, 176ff, 180ff  
        attitudes and, 172
- bitters in low-sodium diet, 618ff  
combined indices of, 177  
components and measurement of, 154ff, 171ff  
conditioned motor reflexes and, 121  
cultural, social and climatic factors, 77, 237ff, 298  
consumption, 144, 148, 173, 243  
language of, 80  
maternal influence, 79  
by mental patients, 180  
palatability and, 158, 162, 168, 174, 339  
psychologic aspects of, 78, 148, 154, 174  
social aspects of, 77  
of survival rations, 176  
technology, 692 (A)
- consumption calculation, 262
- intake  
    hypothalamic structures and, 143  
    liver glycogen and, 150  
    post-ingestion factors and, 155  
    vs. protein level, 591ff  
    regulatory mechanisms in, 141, 154
- meaning of, 77
- preferences  
    attitudes and, 166  
    body chemistry and, 159  
    glucose vs. sucrose, 155  
    sucrose vs. casein, 157  
    taste mechanisms and, 142
- release  
    conditioned reflexes and, 148  
    operant conditioning and, 148  
    psychophysiologic, dietary and medical aspects of, 335  
    technology, 692 (A)
- Galactosemia  
    clinical and biochemical observations in, 527  
    enzymatic defect in, 529  
    galactose metabolism and, 528  
    genetic factors in, 530  
    hypoglycemia and, 531  
    nutritional therapy for, 528  
    spectrophotometric test for, 530  
    toxicity of, 530
- Gastric chief cells and hypophysectomy, 447
- Glucose  
    taste responses, 155  
    sucrose vs., 155  
    tolerance  
        alloxanized and cortisone-treated rats, 385  
        vitamin B<sub>12</sub> and, 385
- Glucose monooleuritate, value of, 251
- Glucagon and hunger contractions, 208
- Glutamic acid  
    psychiatric disorders and, 333  
    systemic reactions and, 11ff
- Glycogen, cardiac, 411
- Goiter, effect of diet on, 443
- Growth hormone  
    carbohydrate metabolism and, 404ff

- effect of hemopoiesis in hypophysectomized rats, 455  
protein metabolism and, 414
- Hemosiderosis and osteoporosis, 644  
Heredity and protein nutrition, 663ff
- Hunger  
appetite and, 141, 142ff, 148ff, 154ff, 162ff, 337, 659ff  
contractions, 205, 338, 659  
amino acids and, 206  
caloric regulation and, 210  
glucose administration and, 207  
glucostatic theory of, 185, 205, 210  
glucagon administration and, 208  
intravenous feeding and, 206  
irritability and, 210  
physiology of, 203  
sensation or drive of, 210  
thermostatic theory of, 203
- Hydrochloric acid  
hypophysectomy and, 446  
taste response, 143
- 17-hydroxycortoids  
diabetic retinopathy and, 436  
plasma levels, response to ACTH, 378
- Hypercalcemia  
idiopathic, 533  
vitamin B<sub>12</sub> and, 438
- Hyperphagia in obese mice, 143
- Hypnosis, 213  
malnutrition and, 334
- Hypocupremia in infants and children, 522
- Hypoglycemia and galactosemia, 531  
taste for sugar and, 146
- Hypophysectomy  
anemia and, 461  
body weight and, 405  
digestive function and, 445  
feeding behavior and, 203  
nitrogen retention and balance and, 405  
oxygen and, 457
- Hypothyroidism and obesity, 4
- Infants and children  
artificial feeding  
evaluation of, 493ff  
idiopathic hypercalcemia and, 537  
atherogenesis and socio-economic factors, 625ff  
cholesterol levels in, 629ff  
failure to gain weight, 500  
feeding practices in Cook Islands, 634ff  
galactosemia in, 527ff  
growth and weight ratios in ethnic groups, 638  
hypercalcemia in, 533ff  
kwashiorkor in, 501, 506ff  
obesity and, 3ff, 8ff  
pyridoxine deficiency and, 561ff
- Insulin, 230 (A)  
in alloxan-diabetic rats, 384  
binding of, 400  
in cortisone-treated rats, 384
- in diabetes mellitus, 420  
effect of blood glucose in vitamin B<sub>12</sub>-treated rats, 384  
metabolism and, 383, 401  
newer concepts of, 393ff
- Intrinsic factor  
preparation for pernicious anemia, 651ff  
vitamin B<sub>12</sub> absorption and, 651ff
- Iron  
copper and in infant nutrition and, 516ff  
deficiency  
in infants and children, 516  
prevention and treatment of, 519  
dietary, 517  
in kwashiorkor, 511  
peptonized, utilization and toxicity of, 35ff
- Isohemagglutinins and immunity in malnutrition, 70ff
- Kidneys (renal) involvement in idiopathic hypercalcemia, 538
- Kwashiorkor, 14, 70, 213  
anemia and, 511  
antibiotics and chemistry in, 509  
diet in, 510  
electrolyte imbalance and, 508  
enzyme and lipotropic preparations in, 510  
in infants and children, 501, 506, 701  
nitrogen balance studies in, 501  
plasma and blood transfusion in, 510  
prevention of relapses, 511  
psychologic factors in, 333, 511  
tryptophan load test in, 501  
vitamin A deficiency in, 511, 513
- Leanness, abnormal, 605
- Letters to the Editor, 72, 73, 568
- Leukopenias  
hormonal imbalance in, 21  
protein deficiency and, 14, 16
- Liver  
cirrhotic and alcoholism, 614  
disease of and adrenal cortical function, 377  
fatty acid metabolism and, 395  
food intake and, 150  
glucose metabolism and, 395  
surgery, circulating 17-hydroxycorticosteroids levels and, 378
- Lysine  
nutritional value of supplementation, 688 (A)  
rice-diets and, 305, 316  
vegetable diets and, 323
- Macromolecular lipoproteins in atherosclerosis, 286
- Magnesium and idiopathic hypercalcemia, 533
- Malnutrition  
alcoholism and, 612ff  
in cachexia, 305ff  
protein, 14 (see also kwashiorkor)  
psychologic manifestations of, 333  
resistance to infection and, 70
- Man, the laboratory animal, 566 (E)
- Marasmus and kwashiorkor, 506

- Mental patients, feeding of, 180
  - Metabolism**
    - alcoholism and, 612ff
    - atheromatosis and, 286
    - brain and pellagra, 333
    - calcium, 94 (A)
      - emotional stress and, 190
    - carbohydrate, 411
    - growth hormone and, 404
    - vitamin B<sub>12</sub> and, 431
  - cholesterol and atherosclerosis, 287
  - cholesterol biogenesis and, 85 (A)
  - copper, in pregnancy, 524
  - defect of and alcoholism, 621ff
  - fatty acid
    - diabetic liver and, 395
    - ketone and, 417
  - folic acid, 487 (A)
  - galactose, 527
  - glucose metabolism and diabetic liver, 395ff
  - heredity and, 663ff
  - high-protein diets and, 591ff
  - insulin and, 393
  - ketone and adrenal cortex, 423
    - endocrine glands and, 417
  - phosphate metabolism in diabetes, 399
  - potassium, 589 (A), 687 (A)
  - protein, and growth hormone, 404
  - pyridoxine and congenital abnormalities of, 564
  - tocopherol, role of, in, 597ff
  - vitamin B complex and, 382
  - vitamin B<sub>12</sub> and thyroid activity, 329
- Methionine as supplement to rice-fruit diets, 321
- Metaplasia**, induced by estrogen vs. vitamin A deficiency, 666ff
- Milk, ingestion, and galactosemia in infants, 527
- Mucus, and hormones, 446
- Muscularity vs. obesity**, 640
- Neoplasia and nutrition**, 477 (A)
- Niacin**
  - alcoholic encephalopathy and, 612
  - psychiatric disorders and, 333
- Nitrogen**
  - balance
    - carbohydrate and, 408
    - essential amino acids and, 321
    - retention and, 405
  - gastric cancer and, 305
  - obesity and, 592

**Nutrients, intravenous**,
  - brain damage and, 203

**Nutrition** (see also foods, diets)
  - alcoholism and, 612ff
  - behavior and, 103ff, 322ff
  - cachexia and, 305
  - cortisone and, 365 (A)
  - cultural aspects of, 237, 334
  - dental health and, 585 (A)
  - endocrines and, 369ff- galactosemia and, 528
- gastrointestinal physiology and, 359 (A)
- hepatic disease and, 232 (A)
- human biology and, 103
- hypnosis and, 334
- impact of variation, 335
- infancy and childhood and, 491ff, 582 (A)
- nature, nurture and, 237ff
- neoplasia and, 477 (A)
- nitrogen balance and, 59
- parenteral, amino acid solutions in, 11
- performance capacity and, 129ff
- peripheral polyneuropathy and, 614
- pregnancy and, 242, 327
- protein, hereditary factors in, 663ff
- psychologic aspects of, 103, 237, 332
- retrobulbar neuritis, 614
- specific gravity and, 601, 607
- Wernicke's syndrome and, 612

**Nutrition Briefs**, 213, 474, 682

**Nutrition News**, 212, 473, 579

**Nutrition Quotes**, 214

**Obesity**
  - as addiction, 201
  - body build and, 274, 601ff
  - body image in, 198
  - in childhood and adolescence, 1, 3, 8
  - criteria of, 274
  - endocrine abnormalities and, 2
  - extreme, 605
  - food intake and, 143
  - hyperphagia and, 41
  - hypertension in young adults and, 274
  - liver and, 592
  - medication in, 3
  - muscularity vs., 640
  - nitrogen loss in, 592
  - personality and, 197, 199
  - psychologic effects of, 1, 188, 196, 338
  - weight reduction and, 338

**Osteoporosis**
  - scurvy and, 644ff
  - serum calcium levels in, 646, 648

**Palatability**
  - appetite and, 158
  - ratings of, 60, 72

**Pancreas and hypophysectomy**, 448

**Pantothenic acid**
  - adrenal steroids and, 320
  - deficiency, 580 (A)
    - hypophysectomy and, 449
    - psychologic aspects of, 122, 125

**Pediatric(s)**
  - disorders of and nutrition, 491ff

**Pellagra**
  - nutrition and, 239
  - psychologic aspects of, 103, 212, 332
  - as socio-economic deficiency, 239

- Phenylhydrazine hydrochloride, inducing anemia in rats, 463
- Phenylketonuria, 587 (A)  
dietary management of, 543  
psychologic aspects of, 544
- Phenylpyruvic oligophrenia, dietary control of, 333
- Phosphorus  
idiopathic hypercalcemia and, 553  
infant growth and, 557  
osteoporosis and, 648
- "Pickwickian" syndrome, 344 (E)
- Pituitary, influence on hemopoiesis, 453
- Plasma phosphorus levels in osteoporosis, 648
- Polyneuropathy and nutritional deficiency, 614
- Post-ingestion, osmotic pressure as factor, 156
- Potassium metabolism, 589 (A), 687 (A)
- Pregnancy, unsuccessful diet in, 62ff
- Protein  
calorie intake in large population groups and, 72 (L)  
cholesterol value and, 29  
deficiency  
    amino acids, vitamin deficiency and, 19  
    anemia and, 14  
    hormonal imbalance and, 20  
level and food intake, 591ff  
malnutrition (see kwashiorkor)  
metabolism, 404, 694 (A)  
plasma in idiopathic hypercalcemia, 535  
repletion in cancer and non-cancer cachexia, 305  
requirements for hemopoiesis, 73  
vegetable, in treatment of kwashiorkor, 511  
in weight reduction, 591ff
- Psychiatric disorders and dietary therapy, 333
- Psychodietetics, 332
- Pyramin, excretion in urine, 119
- Pyridoxine (vitamin B<sub>6</sub>), 123  
in convulsions, 564  
deficiency, 583 (A)  
    conditioned reflexes and, 121  
    in infants and children, 561  
stress and, 123
- Pyruvic acid  
    in thiamine deprivation, 120
- Radiation  
    effect upon foods, 229 (A)
- Rations  
acceptance and personality, 178  
emergency, and performance capacity, 336  
experiments for evaluation of, 129  
military, and performance, 136  
survival, psychologic and sociologic, 176
- Reflexes, conditioned  
    food release, 148  
heat lamp activity, 125  
pantothenic acid deficiency and, 121, 125  
pyridoxine deficiency and, 121
- Riboflavin, 228 (A)
- Salt  
    depletion, and dehydration, in delirium tremens, 613
- intake and adrenalectomy, 145
- Satiety  
    appetite and hunger, 337  
hypothalamic center of, 143, 150, 203  
proteins and, 593  
weight control and, 184ff, 186ff, 192ff, 197ff, 203ff
- Scurvy  
    adrenal hypertrophy and, 369  
blood proteins in, 644  
osteoporosis and, 644ff
- Serum proteins (see blood proteins)
- Sodium and adrenal cortex alterations, 372
- Sodium chloride, taste responses, 145
- Sodium and potassium, in infant growth, 556
- Sodium, potassium, chloride balances in idiopathic hypercalcemia, 534
- Somatopsychology and nutrition, 103, 333
- Specific gravity  
    extra cellular fluids and, 602  
formula for estimating, 601ff  
    boys with abnormal bodily dimensions, 608  
    infants and children, 606  
    "living skeleton" type, 605  
    obesity, extreme, 605  
    starvation, before and after, 609  
height-weight power function, 602ff
- Spectrophotometric test for galactosemia, 530
- Squamous metaplasia induced by estrogen, 666ff
- Starvation and stresses, 109
- Sucrose vs. casein, 157  
    taste responses, 146, 155
- Taste  
    mechanisms in preference behavior, 142  
responses to glucose, 155  
    hydrochloric acid, 143  
    quinine, 143  
    sodium chloride, 145  
    sucrose, 146, 155
- Testosterone  
    childhood and adolescent obesity and, 3  
    diabetic retinopathy and, 435
- Thiamine  
    blood levels  
        cortisone interaction and, 385  
        tests for, 51  
    deficiency  
        ataxia and, 613  
        effect on intelligence of, 111  
        nystagmus and, 613  
        polyneuropathy and, 614  
        psychologic effect, 109ff  
        Wernicke's syndrome and, 613  
    excretion in urine, 119  
    sensory function, 116
- Threonine, as rich diet supplements, 305, 316
- Thyroid  
    adrenal cortex and, 455  
    effect on absorption of radioactive vitamin B<sub>12</sub>, 433  
    vitamin B<sub>12</sub> and, 327

- Tocopherol  
excess ingestion and creatinuria, 597ff
- Vitamin(s) (see also individual vitamins)  
alcoholism and, 612ff  
deficiencies, clinical signs, measuring incidence and severity, 56  
endocrine imbalances and, 381  
supplements and intelligence, 33
- Vitamin A  
as carotene, 289  
deficiency, effect of ovariectomy on in epithelial metaplasia, 667  
estrogen balance and  
effect on keratinizing metaplasia in uterus of rat, 666ff  
idiopathic hypercalcemia and, 536  
kwashiorkor and, 511
- Vitamin B complex, 112, 121  
alcoholism and, 614  
conditioned reflexes (in animals) and, 121  
Korsakoff psychosis and, 614  
metabolism and, 382  
toxic amblyopia and, 614
- Vitamin B<sub>1</sub> (see thiamine)
- Vitamin B<sub>2</sub> (see riboflavin)
- Vitamin B<sub>6</sub> (see pyridoxine)
- Vitamin B<sub>12</sub>  
absorption, 436  
effect of thyroid on, 433  
intrinsic factor and, 651  
newborn infant and, 327  
pregnancy and, 327  
anemia and, 219 (A)  
blood and urinary glucose and, 383  
carbohydrate metabolism and, 431  
cortisone and, 387, 437  
diabetes and, 431, 434  
diabetic retinopathy and, 26ff, 434, 568 (L)  
effect on body weight and food intake, 382
- geriatric diets and, 651ff  
glucose tolerance and, 385  
hepatic and neural effects, 485 (A)  
hormones and, 432, 435  
hyperglycemia and, 438  
Korsakoff psychosis and, 613  
metabolic role of, 431  
metabolism and thyroid activity, 329  
nutritional peripheral neuropathy and, 614  
pernicious anemia and, 12, 651  
plasma determination of, 652  
radioactive  
subcutaneous administration of, 328  
urinary excretion of, 383, 387  
cortisone and, 387  
urinary nitrogen and, 383
- Vitamin C (see ascorbic acid)
- Vitamin E (see tocopherol)
- Water, dietary prescription of, for infants and children, 555
- Weight (see also obesity)  
adjustments and personality appraisal, 110, 115, 178, 187, 197  
gain and nitrogen balance, 310  
failure in infants and children, 500  
physical measurements and, 265  
psychologic factors in, 186, 192, 195, 200, 218, 220  
reduction  
in obese juveniles, 4ff  
personality and, 189, 195  
proteins in,  
psychologic factors, 338
- Wernicke's syndrome and blood levels of thiamine, 613
- Work capacity and diet, 107, 135, 136  
in animals, 126, 132  
in man, 130
- Xanthurenic acid excretion and pyridoxine deficiency, 56

